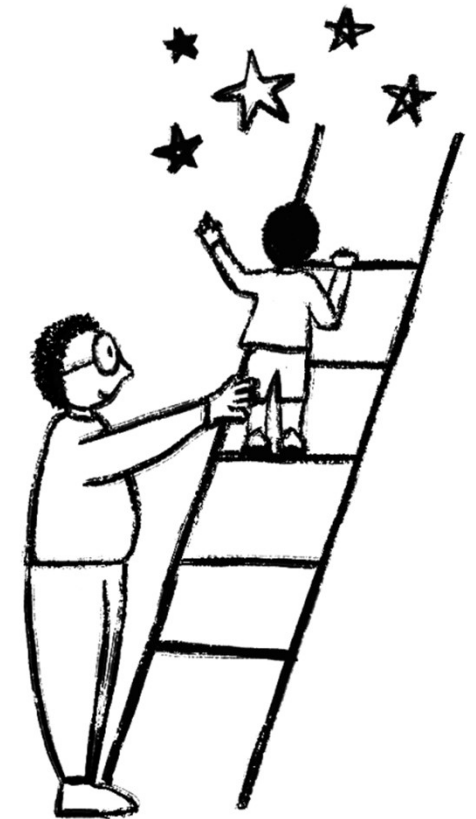


The Power of Mentoring Relationships



What is Mentoring?

A Mentor is a wise and trusted guide.



The Case for Mentoring

One in three young people are growing up without a mentor.

This is the mentoring gap in America.



46 Million

All young people ages 8-18

22 Million

Young people with no risk factors

24 Million

Young people facing risk factors

15 Million

Had a mentor: 2.4M structured
12.6M informal

15 Million

Had a mentor: 4.5 M structured
10.5M informal

7 Million

Never had a mentor

9 Million

Never had a mentor

The Mentoring Effect

WITH A MENTOR, AT-RISK YOUTH ARE:



55%

more likely to be enrolled in college



78%

more likely to volunteer regularly in their communities



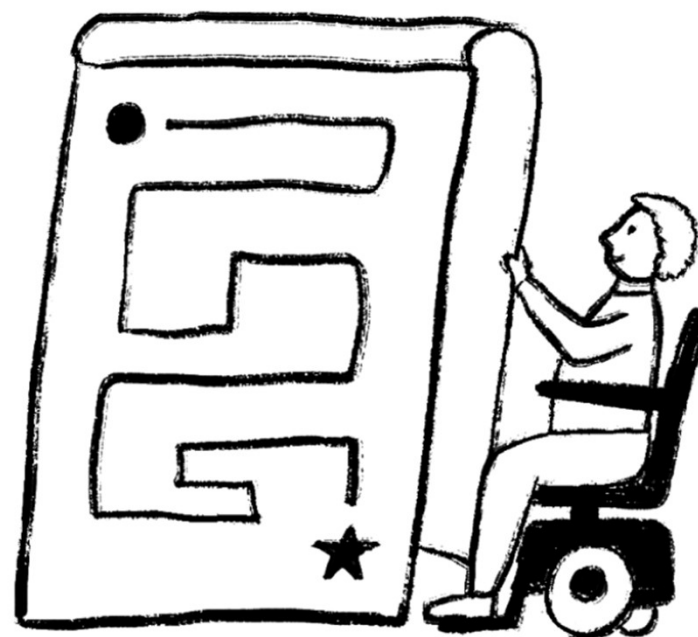
130%

more than twice as likely to say that they held a leadership position in a club or sports team



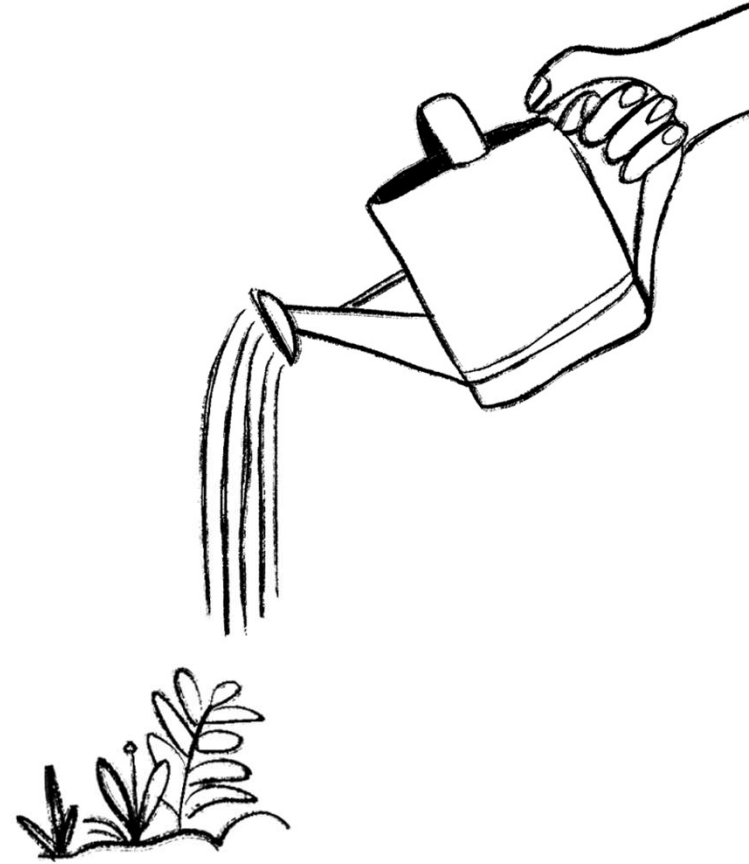
90%

Respondents who had a mentor said they are now interested in becoming mentors



What Mentors Do

- **Express Care**
 - Think about the ways you show your mentee you like them?
- **Challenge Growth**
 - What are the ways you encourage them to be better?
- **Provide Support**
 - How do you show up for your mentees?
- **Share Power**
 - Do they have a voice and how do you give it to them?
- **Expand Possibilities**
 - What are the new things they can learn from and with you?



Mentoring Do's and Don't's

- ☐ Meet your students where they are – don't try to “fix” them or tell them what to do
- ☐ Journey alongside of them balancing teaching & learning
- ☐ Focus on creating safe, trusting spaces to explore and own our identities
- ☐ Avoid making assumptions

Support the Mentoring Movement

Training Curriculum

- Mentoring 101
- Challenging Behaviors
- Poverty Spiral
- Cultural Humility

Additional Learning Materials

- Getting started
- Weekly Tips

Join the Conversation Online

Find us on Facebook, Instagram and Twitter: @MentoringPGH



Happy National Mentoring Month!!

