The Power of Mentoring Relationships
What is Mentoring?
A Mentor is a wise and trusted guide.
The Case for Mentoring

One in three young people are growing up without a mentor.

This is the mentoring gap in America.

- **46 Million**
  - All young people ages 8-18

- **22 Million**
  - Young people with no risk factors

- **24 Million**
  - Young people facing risk factors

- **15 Million**
  - Had a mentor: 2.4M structured, 12.6M informal

- **15 Million**
  - Had a mentor: 4.5M structured, 10.5M informal

- **7 Million**
  - Never had a mentor

- **9 Million**
  - Never had a mentor

[Image: mentoring partnership logo]
The Mentoring Effect

WITH A MENTOR, AT-RISK YOUTH ARE:

- **55%**
  more likely to be enrolled in college

- **78%**
  more likely to volunteer regularly in their communities

- **130%**
  more than twice as likely to say that they held a leadership position in a club or sports team

- **90%**
  Respondents who had a mentor said they are now interested in becoming mentors
What Mentors Do

- **Express Care**
  - Think about the ways you show your mentee you like them?

- **Challenge Growth**
  - What are the ways you encourage them to be better?

- **Provide Support**
  - How do you show up for your mentees?

- **Share Power**
  - Do they have a voice and how do you give it to them?

- **Expand Possibilities**
  - What are the new things they can learn from and with you?
Mentoring Do’s and Don’t’s

- Meet your students where they are – don’t try to “fix” them or tell them what to do
- Journey alongside of them balancing teaching & learning
- Focus on creating safe, trusting spaces to explore and own our identities
- Avoid making assumptions
Support the Mentoring Movement

Training Curriculum
• Mentoring 101
• Challenging Behaviors
• Poverty Spiral
• Cultural Humility

Additional Learning Materials
• Getting started
• Weekly Tips

Join the Conversation Online
Find us on Facebook, Instagram and Twitter: @MentoringPGH

Happy National Mentoring Month!!