

Lead Yourself

Helen Rothberg, Ph.D.

THE *PERFECT* MIX



Everything I Know About Leadership I Learned as a Bartender
Helen Rothberg, PhD

1

ACTION: Outside Insights

2

DETERMINATION: Working with Assets

3

VISION: Turn on the Lights

4

INTEGRITY: Own What's Yours

5

COMMUNICATION: What Did You (Not) Say?

6

EMPATHY: Love Your Barback

7

Standing in Your Own Shoes

8

Shape Shifting

ADVICE

Integrity: Own What is Yours



**don't get caught up
in what isn't yours**

but if you do,

own it



if there's no one to tie your shoes,
tie your own

ADVICE

Communication: What Did You (Not) Say?



communication is more
than just words



inaction
may just be a prelude
to action

ADVICE

Standing in Your Own Shoes



be
who you are



ADVICE:

Action

Do More, Say Less

Take the Limb



ADVICE:

Determination Ingenuity & Civility

It's a Long Haul;
Patience & Fortitude



ADVICE:

Vision

Turn the Lights On

Where's
True North?



ADVICE:

Integrity

Tell the Truth

No Drama.

Own What is Yours.

Do it Well.



ADVICE:

Communication

Create Meaning

Listen

Be Heard



ADVICE:

Empathy

Dare to Care

Collaborate.

Mentor.

Learn the Story.



ADVICE:

Stand in your
own shoes.

Be Who You Are

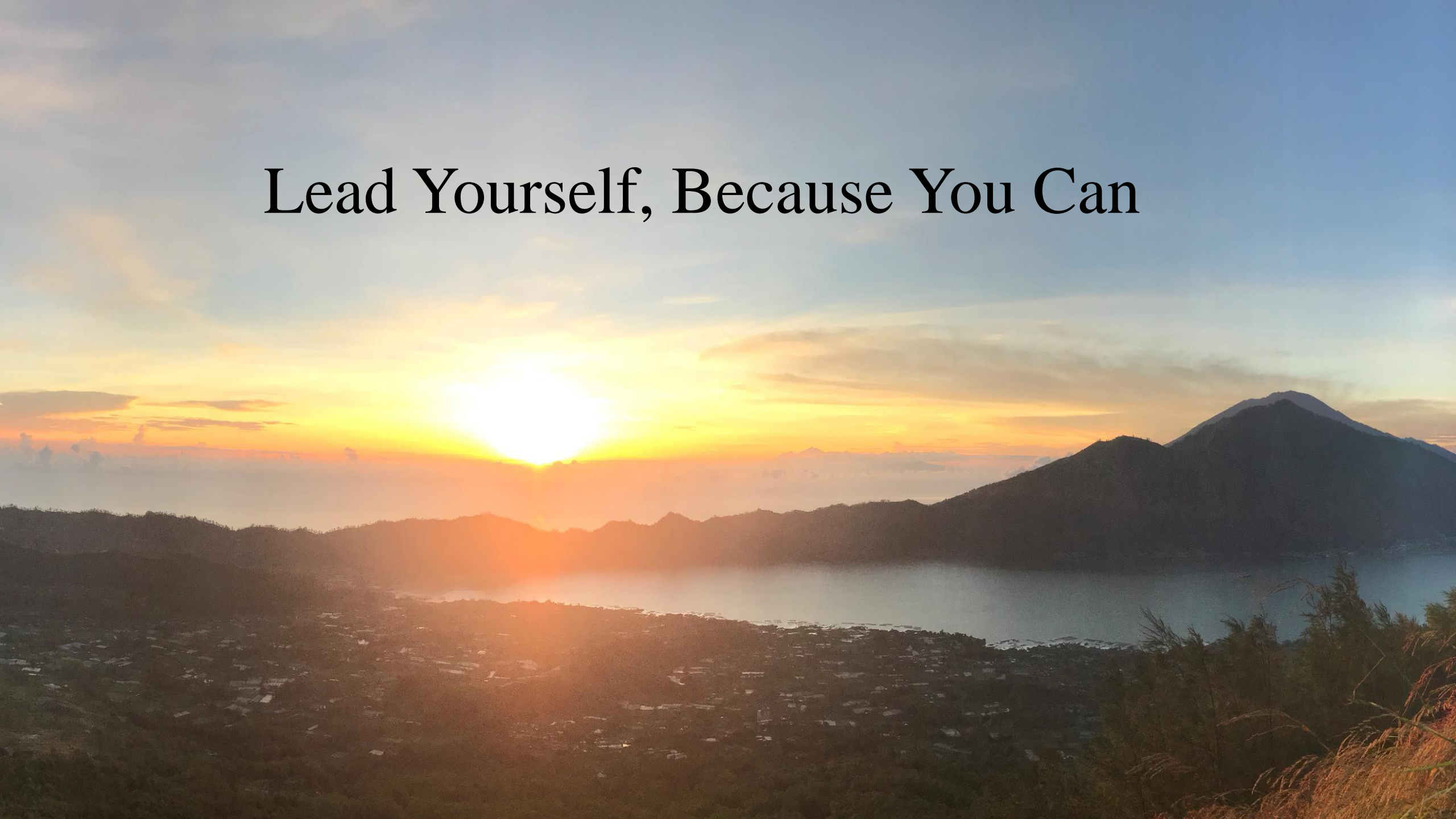


ADVICE:

Shape Shift

Embrace & Champion
Change

Lead Yourself, Because You Can



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