Lead Yourself

Helen Rothberg, Ph.D.
1
ACTION: Outside Insights

2
DETERMINATION: Working with Assets

3
VISION: Turn on the Lights

4
INTEGRITY: Own What’s Yours

5
COMMUNICATION: What Did You (Not) Say?

6
EMPATHY: Love Your Barback

7
Standing in Your Own Shoes

8
Shape Shifting
ADVICE
Integrity: Own What is Yours
don’t get caught up in what isn’t yours

but if you do,

own it
if there’s no one to tie your shoes,

tie your own
ADVICE
Communication: What Did You (Not) Say?
communication is more than just words
inaction may just be a prelude to action
ADVICE
Standing in Your Own Shoes
be
who you are
ADVICE:

Action
Do More, Say Less

Take the Limb
ADVICE:

Determination
Ingenuity & Civility

It’s a Long Haul;
Patience & Fortitude
Where’s True North?
ADVICE:

Integrity
Tell the Truth

No Drama.
Own What is Yours.
Do it Well.
ADVICE:

Communication
Create Meaning

Listen
Be Heard
ADVICE:

Empathy
Dare to Care

Collaborate.
Mentor.
Learn the Story.
ADVICE:
Stand in your own shoes.
Be Who You Are
ADVICE: Shape Shift

Embrace & Champion Change
Lead Yourself, Because You Can
THE PERFECT MIX

Everything I Know About Leadership I Learned as a Bartender
Helen Rothberg, PhD